

Isaiah 53:4-5 Surely He has borne my griefs and carried my sorrows and pains. He was wounded for my transgressions; He was bruised for my guilt and iniquities. The chastisement needful to obtain peace and well-being for me was upon Him and with the stripes that wounded Jesus, I am healed and made whole.

Psalm 119:28 My life dissolves and weeps itself away for heaviness; raise me up and strengthen me according to the promises of Your word.

Psalm 18:50 Great deliverances and triumphs He gives to me; and He shows mercy and steadfast love to me, His anointed.

Psalm 34:17-18 When I cry for help, the Lord hears and delivers me out of all my distress and troubles. The Lord is close to me who has a broken heart and saves me.

Job 33:28 God has redeemed my life from going down to the pit and my life shall see the light.

Psalm 51:12 Restore to me the joy of Your salvation and uphold me with a willing spirit.

Isaiah 40:29-31 He gives power to the faint and weary, and to me who has no might He increases strength (causing it to multiply and making it to abound). I wait for the Lord (look for and hope in Him) and shall change and renew my strength and power; I will lift my wings and mount up close to God as an eagle mounts up to the sun; I will run and not be weary and I shall walk and not faint or become tired.

Job 5:11 God sets me on high, and those who mourn He lifts to safety.

Psalm 30:11-12 You have turned my mourning into dancing for me; you have put off my sackcloth and girded me with gladness, to the end that my heart and everything glorious within me may sing praise to You and not be silent.

Matthew 5:4 Blessed are those who mourn for they shall be comforted.

Nehemiah 8:10 I will not be grieved and depressed, for the joy of the Lord is my strength and stronghold.

Psalm 43:2-5 You are the God of my strength (my stronghold – in whom I take refuge) Why have You cast me off? Why do I mourn because of the oppression of the enemy? Send out Your light and Your truth, let them lead me; let them bring me to Your holy hill and to Your dwelling. Then will I go to the altar of God, to God my exceeding joy. Why are you cast down, O my inner self? And why should you moan over me and be disquieted within me? Hope in God and wait expectantly for Him, who is the help of my sad countenance and my God.

Psalm 94:19 Lord, when my heart is in turmoil, quiet me and give me renewed hope and cheer.

2 Thessalonians 2:16-17 May my Lord Jesus Christ Himself and God my Father, who has loved me and given me everlasting comfort and which I do not deserve, comfort my heart and my portion forever.

Psalm 147:3 He heals the brokenhearted and binds up their wounds (curing their pains and sorrows).

2 Corinthians 7:6 Thank you Father that your word says that you comfort and encourage and refresh and cheer the depressed and the sinking.

2 Corinthians 1:3-4 Blessed be the God and Father of our Lord Jesus Christ, the Father of sympathy and the God who is the source of every comfort, who comforts me in every trouble, so that I may also be able to comfort those who are in any kind of trouble or distress with the comfort with which I am comforted by God.

Psalm 119:50 This is my comfort and consolation in my affliction, that your Word has revived me and given my life.

Isaiah 51:3 For the Lord will comfort me. He will comfort all my waste places and He will make my wilderness like Eden, and my desert like the garden of the Lord. Joy and gladness will be found in me, thanksgiving and the voice of song of praise.

Isaiah 60:1 Arise from the depression and prostration in which circumstances have kept you; rise to a new life. I shine and am radiant with the glory of the Lord, for my light has come and the glory of the Lord has risen upon me.

Psalm 25:15-18 My eyes are ever toward the Lord, for He will pluck my feet out of the net. Lord, turn to me and be gracious to me for I am lonely and afflicted. The troubles of my heart are multiplied; bring me out of my distresses. Behold my affliction and my pain and forgive all my sins of thinking and doing. O keep me, Lord, and deliver me; let me not be ashamed or disappointed, for my trust and refuge are in You. Let integrity and uprightness preserve me, for I wait for and expect You. Redeem me, Father, out of all my troubles.