

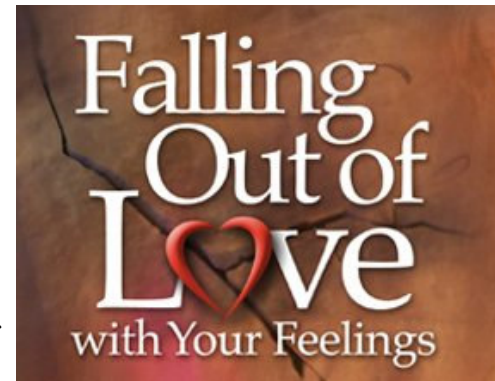


Falling Out of Love with Your Feelings

Pastor Gregory M. Dickow

Have you ever felt angry, upset, worried, and made a bad decision, only to regret it later? Perhaps like me, you've said at one time or another, "This feeling just came over me." We have all had feelings come over us. **It is time for us to come over them!** It's time to say, "Feelings, you are not ruling over me anymore! I'm ruling over you!"

Most people in these last days are more in love with their feelings than they are in love with God. What does it mean to be in love with our feelings? The word love means to be attached to. When you are attached to something, you can't let go. It is a part of you. Siamese twins are attached. The truest meaning of love is to be attached to, to be inseparable from. God is in love with you, which means He has attached Himself to you. Romans 8 says, "*Nothing shall separate us from the love of God.*" He has attached Himself to us – that's love.



Too often we have attached ourselves to how we feel and we cannot separate our feelings from the choices that determine the outcome of our lives. Since our feelings will often mislead us, since they will betray us, since they will not consider the consequences of their fulfillment, we must fall out of love with them.

How do we do that? We must fall in love with something greater. We must fall in love with God. **Whether you feel the love of God or not, to fall in love with Him, means to attach yourself to Him and to His Word.** Psalm 119:165 says, "Those who love the Word of God will have great peace and will not stumble." Would you like to have great peace? Would you like to be free from stumbling? Then you must attach yourself to the Word of God. Instead of attaching yourself to feeling sorry for yourself, feeling like a victim, to feeling angry, you must attach yourself to what God says.

I want to show you five things to attach yourself to that will detach you from your feelings. In this way, your feelings will not be able to destroy you. But first let me assure you that having feelings is not a sin. But if we attach ourselves to them, they can lead to sin.

Instead, let us:

- First attach ourselves to Scripture. God said it, that settles it!

- Second, attach yourself to spiritual growth. Do something today to increase your spiritual muscle – pray, praise God, speak His Word, give something away.
- Third, attach yourself to correction. We all need to change. Do not misinterpret correction as rejection. We all need to make adjustments that will lead to greater progress in our lives with God.
- Fourth, attach yourself to the presence of God. We come into His presence by the blood of Jesus, not because we feel we've earned that right. Worship Him, speak to Him, listen to Him, and great joy will fill your life.
- Finally, attach yourself to the Body of Christ. This is how the anointing flows from the head down as David speaks of in Psalm 133. As you attach yourself to the anointing, it will remove burdens and destroy yokes in your life. How do you do that? By attaching yourself to a healthy church and a teaching ministry such as this one.

The anointing that is in this ministry will come on you **as you attach yourself to it through prayer and partnership.** As you follow these steps, you will find yourself more in love with God than you ever have been before, and you will fall out of love with your feelings.

Four Reasons You Can't Trust Your Feelings

1. Our feelings are always changing.
2. Our feelings are not faithful to us.
3. Our feelings don't care about the consequences.
4. Our feelings cause us to make bad decisions.

The great Reformer Martin Luther wrote:

*Feelings come, and feelings go,
And feelings are deceiving,
My warrant is the Word of God,
Naught else is worth believing!*

So detach yourself from your feelings, fall out of love with your feelings:

Attach yourself to Scripture.
Attach yourself to spiritual growth.
Attach yourself to correction.
Attach yourself to the presence of God.
Attach yourself to the Body of Christ.